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What is the purpose of the 12 steps and 12 traditions of aa

Three Legacies of Al-Anon: Al-Anon's recovery program is based on the Twelve steps and twelve traditions of Alcoholics Anonymous. The steps are the basis for personal recovery in Al-Anon, and traditions help Al-Anon groups support their unity and communion. The twelve service concepts provide a service guide in the Al-Anon bag. In addition, the General Warranties of the Conference provide guidance. Twelve steps 1. We admitted that we were impotent on alcohol, that our life had become unmanageable. 2. He came to believe that a greater Power of us could restore us to holiness. 3. He made the decision to transform our will and our life to the care of God as we understood it. 4. He made a moral inventory without fear of ourselves. 5. Admitted to God, to ourselves, and to another human being the exact nature of our sins. 6. He was completely ready to have God remove all these character defects. 7. Humbly asked him to remove our shortcomings. 8. I've made a list of all the people we've hurt, and we've become willing to make amends to all of them. 9. Made directly to these people, wherever possible, except when doing it would hurt them or others. 10. Continued to take personal inventory and when we wrong promptly admitted. 11. Suspirated through prayer and meditation to improve our conscious contact with God as we understood it, praying only for the knowledge of His will for us and for the power to do so. 12. Having had a spiritual awakening as a result of these steps, we tried to bring this message to others, and to practice these principles in all our affairs. [top] Twelve traditions 1. Our common well-being should come first; personal progress for the greater number depends on unity. 2. For our purpose as a group there is only one authority, a loving God, as He canin our group consciousness. Our leaders are only trusted servants, they do not rule. 3. The relatives of alcoholics, gathered for mutual, mutual aid,They are called the Al-Anon Family Group, provided that, as a group, they have no other affiliation. The only requirement for membership is that there is a problem of alcoholism in a relative or friend. 4. Each group should be autonomous, except for matters affecting another group or Al-Anon or AA as a whole. 5. Each Al-Anon Family Group has only one purpose: to help families of alcoholics. We do this by practicing ourselves the twelve steps of the AA, encouraging and understanding our alcoholic relatives, and welcoming and giving comfort to the families of alcoholics. 6. Our family groups should never approve, finance or give our name to any external enterprise, not the problems of money, property and prestige deviate us from our primary spiritual purpose. Although a separate entity, we should always cooperate with Anonymous Alcoholics. 7. Each group should be completely self-sufficient, decreasing external contributions. 8. Al-Anon twelfth Phase work should remain unprofessional forever, but our service centers can employ special workers. 9. Our groups, as such, should never be organized; but we can create service committees or committees directly responsible for those they serve. 10. Al-Anon family groups have no opinion on external issues; therefore our name should never be translated into public polemics. 11. Our public relations policy is based on attraction rather than promotion; we need to always keep the personal anonymity at the level of printing, radio, movies and TV. We need guard with particular care the anonymity of all AA members. 12. The anonymity is the spiritual basis of all our Traditions, always reminding us to put principles over personalities. [top] Twelve service concepts 1. The final responsibility and authority for the world services of Al-AnonAl-Anon groups. 2. Al-Anon family groups have delegated the full administrative and operational authority to their Conference and its service weapons. 3. The right of decision makes it possible to achieve effective leadership. 4. 4.is the key to harmony. 5. appeal and petition rights protect minorities and ensure that they are heard. 6. the conference recognizes the primary administrative responsibility of trustees. 7. Trustees have legal rights while the rights of the conference are traditional. 8. the trusted board delegates full authority for the ordinary management of Al-Anon based on its executive committees. 9. good personal leadership at all levels of service is a necessity. in the field of world service the council of trustees assumes the primary leadership. 10. the responsibility of the service is balanced by carefully defined service authorities and double-head management is avoided. 11. the World Service Office is composed of committees, executives and members of selected staff. 12. the spiritual foundation for the world services of Al-Anon is contained in the general wars of the conference, article 12 of the paper. [top] advanced generals of the conference in all proceedings the World Conference of Al-Anon Services observes the spirit of traditions: 1. that only sufficient operational funds, including a large reserve, are its prudent financial principle; 2. that no member of the conference will be placed in unqualified authorities on the other members; 3. that all decisions are reached by the vote of discussion and whenever possible by unanimity; 4. that no action of the conference will ever be punitive or action for the public controversy; 5. that, although the conference serves Al-Anon, it will never perform any act of government. what are the 12 steps and 12 traditions of aa. what is the purpose of the 12 traditions of aa. what are the 12 steps of aa. what are the twelve traditions of aa

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